



NEUROLY
SPECIAL LEARNING

 neuroly.co



10 Things

Every Parent
Should Know

The Parent's Survival Guide to *Dyslexia*

A Practical Roadmap for
Helping Your Child Thrive



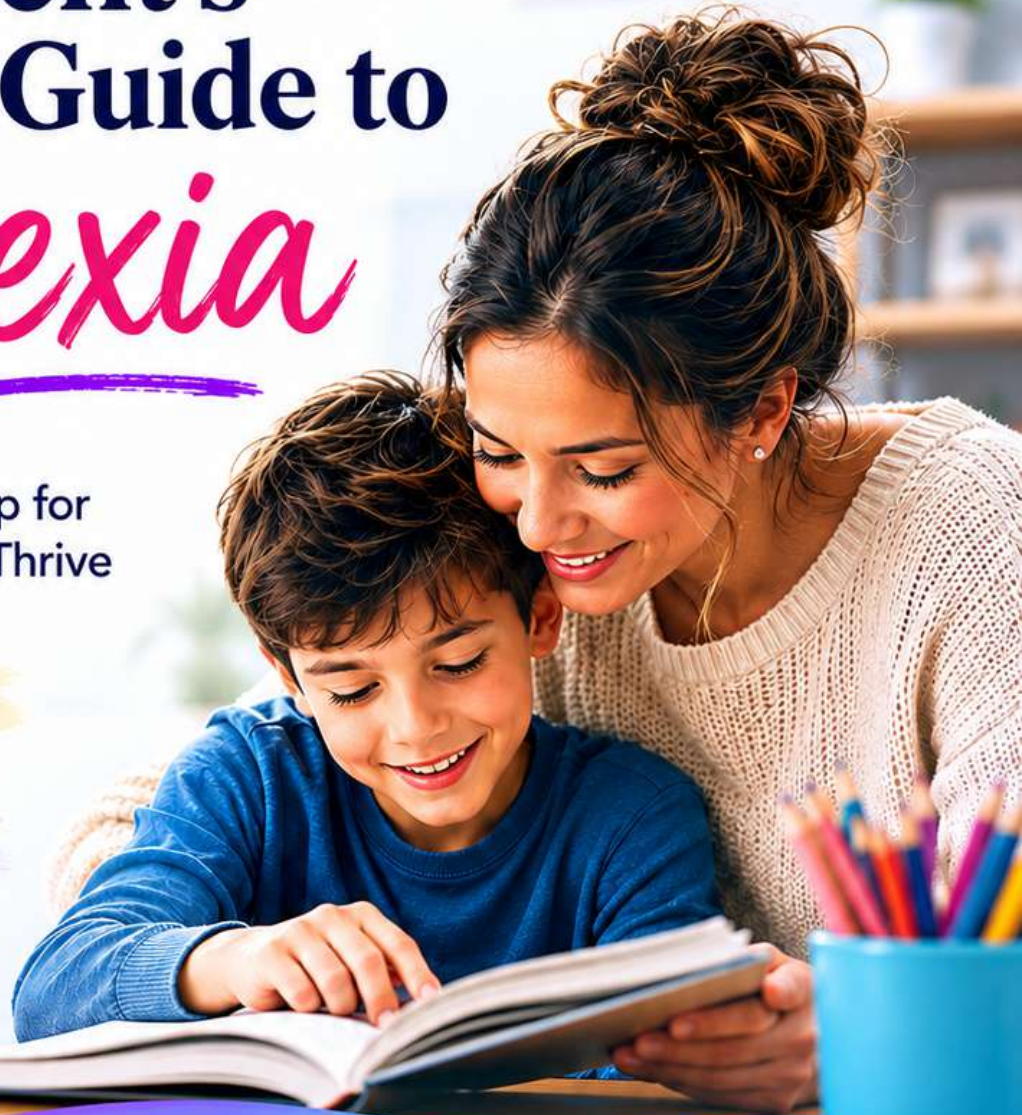
Understand
Dyslexia



Build
Confidence



Unlock
Potential



Understand
Dyslexia



School
Accommodations



Tools &
Technology



Build Reading
Confidence



Ask the Right
Questions



Practical Next
Steps

You don't have to navigate this journey alone.



NEUROLY IS HERE TO SUPPORT YOU.





NEUROLY
SPECIAL LEARNING



WELCOME

Welcome!



You're not alone on this journey. We're here to help.



“Dyslexia does not define your child's potential.”



If You're Reading This Guide...

If you're reading this guide, chances are you're worried about your child.

- Maybe reading feels harder than it should.
- Maybe homework has become a daily struggle.
- Maybe you've noticed your child becoming frustrated, discouraged, or losing confidence.

If so, you're not alone.

Millions of families are navigating the same journey.

And one of the most important things to know is this:

Children with dyslexia can absolutely thrive with the right support.



This Guide Will Help You:



Understand dyslexia



Recognize early warning signs



Navigate school accommodations



Discover helpful technology tools



Build confidence at home



Ask the right questions



Create a practical action plan



A Note for Parents

You do not need to become a dyslexia expert overnight.

Focus on progress, not perfection.

Every small step forward matters.

Your child needs your support far more than your perfection.



Martin Salkeld



Founder, Neuroly

"Helping families find the support they need to thrive."




WHAT DYSLLEXIA REALLY IS

What Dyslexia Really Is

Understanding the facts can help you better support your child.

“

Dyslexia is a difference in how the brain processes language—

not a reflection of intelligence.”

”

WHAT DYSLLEXIA IS

- ✓ A neurological difference
- ✓ A language-based learning difference
- ✓ Common and well understood
- ✓ Manageable with the right support
- ✓ Independent of intelligence


WHAT DYSLLEXIA IS NOT

- ✗ Laziness
- ✗ Lack of effort
- ✗ Low intelligence
- ✗ Poor parenting
- ✗ Something a child simply “outgrows”

HOW DYSLLEXIA MAY SHOW UP

READING

Difficulty decoding words


SPELLING

Trouble remembering spelling patterns


LANGUAGE PROCESSING

Difficulty connecting sounds and letters


READING SPEED

Reading may take more time and effort

STRENGTHS OFTEN ASSOCIATED WITH DYSLLEXIA

CREATIVITY

PROBLEM SOLVING

BIG PICTURE THINKING

INNOVATION

IMAGINATION

EMPATHY

DID YOU KNOW?

Many successful entrepreneurs, artists, engineers, scientists, and business leaders have dyslexia.

Dyslexia can present challenges, but it can also be accompanied by remarkable strengths.

“Your child's struggles do not define their future.”





Early Warning Signs *by Age*

Children develop at their own pace, but these signs may indicate your child could benefit from additional support.



Early support can make a BIG difference.
Trust your instincts. You know your child best.

AGES 3–5



- Delayed speech or trouble finding words
- Difficulty rhyming or identifying sounds
- Trouble remembering letters or numbers
- Difficulty learning songs or nursery rhymes
- Gets easily frustrated with communication

AGES 6–8



- Trouble learning letter sounds
- Difficulty decoding or sounding out words
- Reads slowly and makes frequent errors
- Trouble spelling simple words
- Avoids reading aloud or guessing words
- Difficulty following multi-step directions

AGES 9–12



- Struggles with reading fluency and comprehension
- Difficulty with spelling patterns and written expression
- Trouble organizing thoughts in writing
- Takes a long time to complete reading or writing tasks
- Low confidence in academic areas

AGES 13+



- Difficulty with complex reading and dense text
- Trouble with note-taking and summarizing
- Difficulty planning and staying organized
- Struggles with spelling and grammar
- May avoid reading or writing tasks
- Low self-esteem or academic burnout

What You Can Do



OBSERVE

Pay attention to patterns, not just one-off moments.



TALK

Have open, supportive conversations with your child and their teachers.



DOCUMENT

Keep notes and examples to share with professionals if needed.



SEEK SUPPORT

Early evaluation can provide clarity and open the door to helpful resources.



Remember:

Every child is unique. These signs do not mean your child has dyslexia—they mean it may be time to learn more.

You are taking the first step by being here, and that's something your child will always benefit from.



Your awareness today can create a brighter tomorrow.

Next Up:
How Dyslexia Affects
Reading and Learning





How Dyslexia Affects Learning

Dyslexia is not about vision or intelligence. It's about how the brain processes language, especially decoding (reading) and encoding (spelling and writing).



“

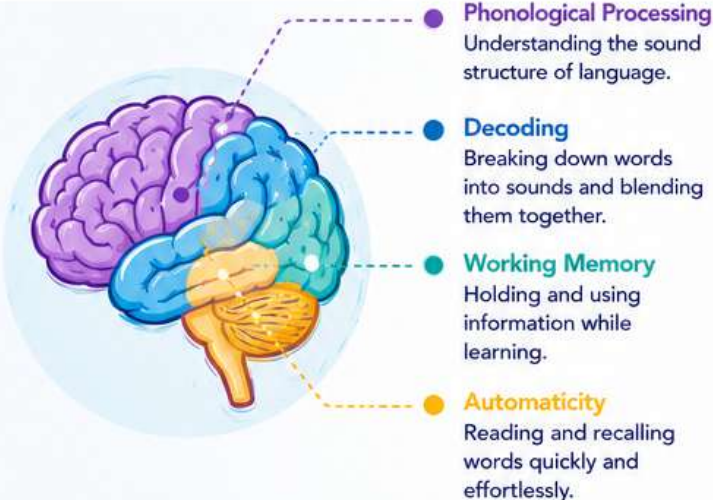
Different, not less.
Different brains, different strengths.



What's Happening in the Brain?

Children with dyslexia have differences in the areas of the brain that process language. These differences affect how quickly and easily they can:

- ✓ Recognize and sound out words
- ✓ Connect letters to their sounds
- ✓ Read fluently and with automaticity
- ✓ Spell and write words
- ✓ Process and remember verbal information



⚡ This Can Make Everyday Tasks Challenging ⚡



Reading new words



Spelling and writing



Following verbal instructions



Remembering what they heard or read



Reading quickly



Completing tests on time

The Good News



Dyslexia is not a roadblock—it's a different road. With the right support, strategies, and belief, your child can and will thrive.



Early support leads to better outcomes.



The right strategies build confidence.



Progress may be gradual, but it is possible.



Your belief in your child matters most.



Remember:

Dyslexia affects learning, but it does not limit potential. Every challenge is an opportunity to help your child shine.



Understanding today helps you support a brighter tomorrow.

Next Up:
Building Confidence
at Home





The Impact on *Your Child*

Dyslexia affects more than just reading. It can impact confidence, emotions, and everyday experiences.

“

Understanding the emotional side is just as important as understanding the academics.



Children with dyslexia often:



FEEL FRUSTRATED

Words may not come as easily, leading to frustration and meltdowns.



FEEL DIFFERENT

They may feel “not as smart” as friends or classmates.



AVOID CHALLENGES

Tasks that involve reading or writing may feel overwhelming, so they avoid trying.



STRUGGLE WITH SELF-ESTEEM

Repeated difficulties can lead to self-doubt and a belief that they're not good enough.



WORRY ABOUT LETTING OTHERS DOWN

They may hide struggles to avoid disappointing parents or teachers.



HAVE AMAZING STRENGTHS

Beneath the struggles are unique talents, perspective, and potential.



Your understanding, patience, and support *can change everything.*



What Your Child Needs Most



SAFETY

A safe space to make mistakes and keep trying.



ENCOURAGEMENT

Celebrate effort and progress, not just outcomes.



UNDERSTANDING

Knowing they learn differently—not that they're not capable.



TOOLS

The right strategies and resources to help them succeed.



ADVOCACY

A champion who will speak up and open doors for them.



BELIEF

Believing in them today builds their confidence for tomorrow.



Remember:

Dyslexia may change the path, but it does not limit the destination.

With the right support, your child can grow, thrive, and achieve their dreams.



You are your child's greatest advocate.
TOGETHER, YOU CAN DO THIS.

Next Up:
Understanding Assessments
and Diagnoses





How Dyslexia Can Be Supported

The right support can make learning more accessible, build confidence, and help your child thrive.



Support isn't one-size-fits-all. It's about finding what works best for **YOUR** child.



Effective Support Strategies



Structured Literacy

Evidence-based instruction that teaches the connection between sounds and letters in a systematic way.



Assistive Technology

Tools like text-to-speech, speech-to-text, and audiobooks can level the playing field and build independence.



Multi-Sensory Learning

Using visual, auditory, and hands-on methods helps strengthen understanding and retention.



Accommodations at School

Extra time, reduced distractions, and alternative ways to show learning can make a huge difference.



Support at Home

A supportive, patient environment where effort is celebrated helps your child feel safe and capable.



Collaboration

Working together with teachers, specialists, and professionals creates a strong team around your child.



Small Steps. Big Impact.

Consistency, encouragement, and the right strategies today can lead to confidence and success tomorrow.

- ✓ Celebrate progress, not perfection.
- ✓ Focus on strengths as well as growth.
- ✓ Keep communication open.
- ✓ Stay hopeful—your child can do hard things.



Remember:



Dyslexia is not a barrier to a bright future. It's a different way of learning.



With the right support, your child can build skills, confidence, and self-belief.



You play the most important role in your child's journey. Your belief + their effort = endless potential.



Helpful Mindset Shifts

Instead of:

"Why is this so hard for my child?"



Try thinking:

"What does my child need to succeed?"

Instead of:

"They should be able to by now."



Try thinking:

"They are making progress in their own way."

Instead of:

"They're not trying."



Try thinking:

"They're trying their best with a different brain."



Support today. Strength tomorrow. Success always. 



You are not alone in this.

There is a community ready to walk this journey with you.

Next Up:

Understanding Assessments and Diagnoses





School Support *You Can Advocate For*

Children with dyslexia are entitled to support in school. You don't have to navigate this alone.



Advocacy is not about conflict—it's about ensuring your child has access to what helps them learn.



Key Supports and Accommodations



Extended Time

Extra time on tests and assignments reduces pressure and allows your child to show what they know.



Reduced Reading Load

Shorter passages or fewer questions can help your child focus on learning, not just the amount of reading.



Assistive Technology

Tools like text-to-speech, speech-to-text, and audiobooks can level the playing field and build independence.



Modified Assignments

Adjusting length or format while maintaining learning goals can help reduce frustration.



Preferential Seating

Sitting near the teacher and away from distractions can improve focus and comprehension.



Oral Response Options

Allowing verbal instead of written responses can show true understanding.



Work Together as a Team

A strong partnership between you and the school creates the best outcomes for your child.

- ✓ Schedule regular check-ins with teachers.
- ✓ Share what works at home.
- ✓ Ask for updates and progress feedback.
- ✓ Celebrate small wins together.



Documents That May Help



Evaluation Reports

Provide valuable insights into your child's learning profile and needs.



504 Plan

Provides accommodations to ensure equal access to learning.



IEP (if eligible)

Offers individualized support and specific goals.



Accommodation Plan

A written plan ensures supports are clear and consistent.

Remember



You are your child's strongest advocate. Asking questions, staying informed, and speaking up can open doors to the support they deserve.



Helpful Tip

You have the right to request an evaluation at any time. If you have concerns, don't wait. Early support leads to better outcomes.



Advocacy today can change your child's tomorrow.
YOU KNOW YOUR CHILD BEST. TRUST THAT.

Next Up:
Assistive Technology
Tools That Help





At-Home Support

Strategies That Make a Difference

You don't need to be a teacher to help your child. Small, consistent actions at home can build skills and confidence.



Connection + routine + encouragement create the perfect environment for growth.



Simple Ways to Support Learning at Home



READ TOGETHER

- Read aloud daily.
- Choose books your child enjoys.
- Discuss the story and characters.



PLAY WITH SOUNDS

- Clap syllables.
- Identify beginning sounds.
- Use rhymes and word games.



PRACTICE IN SHORT BURSTS

- 10–15 minutes is enough.
- Take breaks.
- Keep it positive and pressure-free.



FOCUS ON STRENGTHS

- Celebrate what they do well.
- Build confidence through success.
- Effort matters more than speed.



TALK, TALK, TALK

- Have conversations every day.
- Build vocabulary through real life.
- Listen and encourage sharing.



BUILD A ROUTINE

- Consistency creates security.
- Predictable times help reduce anxiety.
- Make it a habit!

Make Learning Meaningful



Use real-life moments (shopping, cooking, outings) to build literacy and math.



Encourage your child to write notes, lists, or stories about things they love.



Explore interests deeply. Passion fuels motivation and learning!

What to Avoid



- ✗ Comparing your child to others
- ✗ Focusing only on weaknesses
- ✗ Rushing or pushing too hard
- ✗ Negative self-talk or criticism
- ✗ Inconsistent routines



Protect confidence.
Progress follows.

Encouragement Matters Most



Praise effort and persistence.



Notice small wins and celebrate them.



A positive mindset today builds resilience for tomorrow.



Daily Connection Creates Lasting Impact



Spend quality time together.



Show interest in their world.



Be patient and kind.



Model a growth mindset.



You are the most important piece of their journey.

You don't need to have all the answers. Just show up and believe in them.



Small moments today. Big confidence tomorrow.

Next Up:
Tools and Resources
That Can Help





Emotional Support

Builds Lifelong Confidence

Dyslexia can affect how a child feels about themselves. Your words, actions, and mindset can make all the difference.



When children feel understood and accepted, they feel safe to grow, try, and succeed.



How to Support Your Child's Emotions



LISTEN WITH EMPATHY

Let your child express their feelings without interrupting or fixing. Validation builds trust.



USE POSITIVE LANGUAGE

Focus on effort, progress, and strengths. Avoid labels like "lazy" or "not trying."



CELEBRATE PROGRESS

Recognize small wins. Progress builds motivation and a belief in their abilities.



BUILD RESILIENCE

Help your child see challenges as opportunities to learn and grow, not as failures.



CREATE A SAFE SPACE

Make home a place where your child feels accepted, valued, and free to be themselves.



SET REALISTIC GOALS

Break tasks into small steps. Achievable goals build confidence and reduce overwhelm.

Mindset Shifts That Empower

INSTEAD OF THINKING...

TRY THINKING...



"Why is this so hard for my child?"



"How can I help my child in a way that works for them?"



"They should be able to do this by now."



"They are making progress in their own way."



"I'm not a good enough parent."



"I'm learning and growing right alongside my child."

Don't Forget to Take Care of You



IT'S OKAY TO FEEL OVERWHELMED.

Caring for a child with dyslexia can be challenging. Give yourself grace.



REFUEL AND RECHARGE.

Take breaks, rest, and do things that bring you joy. You can't pour from an empty cup.



SEEK SUPPORT.

Connect with other parents, support groups, or professionals who understand.



YOU ARE MAKING A DIFFERENCE.

Your love, patience, and consistency are shaping your child's future.



Remember:

Your child doesn't need to be "fixed." They need to be supported, believed in, and given the tools to succeed.



Your belief is your child's greatest advantage.
Keep showing up. You've got this!



Love. Patience. Support.
THAT'S THE RECIPE FOR CONFIDENCE.

Next Up:
Tools and Resources
That Can Help





Tools and Resources

That Make a Difference

The right tools and resources can support learning, build confidence, and help your child thrive.



You don't need everything—just the right things that work for **YOUR** child.



Helpful Tools for Learning



READING TOOLS

Dyslexia-friendly books, overlays, highlighters, and reading guides can improve comprehension and confidence.



TECHNOLOGY SUPPORT

Text-to-speech, speech-to-text, and audiobooks make learning more accessible and less frustrating.



SENSORY SUPPORTS

Fidgets, noise-canceling headphones, and movement tools can help with focus and reduce overwhelm.



ORGANIZATION TOOLS

Planners, visual schedules, checklists, and timers help with routines, time management, and staying on track.



SKILL-BUILDING PROGRAMS

Evidence-based apps and programs can strengthen reading, spelling, math, and language skills.



COMMUNITY RESOURCES

Support groups, online communities, and local organizations provide connection, encouragement, and guidance.



Where to Find Help



SCHOOLS

Teachers, special education staff, school counselors, and reading specialists.



PROFESSIONALS

Tutors, speech-language pathologists, occupational therapists, psychologists, and dyslexia specialists.



LOCAL ORGANIZATIONS

Dyslexia associations, learning centers, and advocacy groups.



ONLINE RESOURCES

Websites, webinars, courses, and downloadable guides.



OTHER PARENTS

Sometimes the best support comes from those who truly understand.

Remember



You don't have to figure it all out alone. There is a whole community ready to walk this journey with you.



Create a Plan That Works for YOU



1 IDENTIFY NEEDS

What are your child's biggest challenges right now?



2 EXPLORE OPTIONS

Research tools and resources that fit your child.



3 TRY AND ADAPT

See what works best and make adjustments as needed.



4 TRACK PROGRESS

Celebrate improvements and keep what is working.



5 KEEP GROWING

Your child's needs may change—and that's okay.



Helpful Tip:

Start small. One tool, one strategy, one routine at a time can lead to BIG changes over time.



The right tools. The right support.
A BRIGHTER FUTURE FOR YOUR CHILD.

Next Up:
Building a Strong Support Team





Looking Ahead

A Future Full of Possibilities

Dyslexia does not define your child's future. With the right support, their unique strengths can lead to amazing opportunities.



Belief, support, and perseverance today build confidence, independence, and success tomorrow.



Strengths to Celebrate



CREATIVE THINKING

Many individuals with dyslexia think outside the box and bring fresh ideas to life.



BIG PICTURE THINKERS

They often see connections others miss and understand concepts in unique ways.



RESILIENT & DETERMINED

Overcoming challenges builds strength, grit, and a never-give-up attitude.



STRONG COMMUNICATORS

With the right support, they express ideas powerfully—through speaking, storytelling, and more.



HARDWORKING & EMPATHETIC

They are often kind, caring, and highly motivated to make a difference.



FULL OF POTENTIAL

With tools, support, and encouragement, the possibilities are endless.



Building a Strong Support Team

You don't have to do this alone. A strong team makes all the difference.



YOU

Your love, advocacy, and consistency matter most.



EDUCATORS

Teachers who understand and support your child's needs.



SPECIALISTS

Therapists and professionals who provide targeted strategies.



FAMILY & FRIENDS

Encouragement and understanding create a strong foundation.



COMMUNITY

Local resources and support groups walk this journey with you.

Keep Moving Forward



- ✓ Celebrate small wins—they lead to big changes.
- ✓ Stay informed and keep exploring what works best.
- ✓ Trust your instincts—you know your child best.
- ✓ Adjust as needed—flexibility creates growth.
- ✓ Keep hope alive for today and tomorrow.



Your Journey Matters



Every step you take, every question you ask, and every moment of support shapes your child's future.

Your love is their greatest advantage.

Keep going. You're doing amazing.



You've got this!

Together, we can help your child reach their full potential and create a bright future.



Stronger together. Brighter tomorrow.
BELIEVE. SUPPORT. EMPOWER.

Next Up:
Celebrating Progress and Milestones





Celebrating Progress

Milestones That Matter

Growth looks different for every child.
Recognizing progress—big or small—builds confidence and keeps motivation strong.



Celebrate the journey, not just the destination.
Every step forward is worth celebrating!



Ways to Celebrate Every Win



RECOGNIZE THE EFFORT

- Praise hard work and persistence.
- Acknowledge the strategies they used to succeed.



TRACK PROGRESS

- Keep notes of achievements.
- Look back to see how far they've come.



CELEBRATE IN MEANINGFUL WAYS

- Special time together
- Favorite activity
- Small rewards that motivate



SHARE THE SUCCESS

- Let teachers, therapists, and supporters know.
- Share wins with family and friends.



SET NEW, POSITIVE GOALS

- Celebrate, then look ahead.
- Break goals into small, achievable steps.



FOCUS ON GROWTH, NOT COMPARISON

- Your child's journey is unique.
- Progress over time matters most.

Milestones Worth Celebrating



- ✓ Reading a new word or finishing a book
- ✓ Improved spelling or handwriting
- ✓ Speaking up in class
- ✓ Trying something new
- ✓ Managing emotions in a tough situation
- ✓ Completing a challenging task
- ✓ Advocating for themselves
- ✓ Showing kindness to others
- ✓ Building friendships
- ✓ Believing in themselves



Each milestone builds the foundation for a bright future.



What Progress Might Look Like



- ✓ More confidence in daily activities
- ✓ Better focus and attention
- ✓ Increased independence
- ✓ Stronger self-esteem
- ✓ Improved organization and time management
- ✓ More positive self-talk
- ✓ Using strategies that help
- ✓ Seeking help when needed
- ✓ Greater resilience and problem-solving skills
- ✓ A more positive outlook on learning



These changes may be small at first—but they lead to BIG growth.



Make Progress Visible



TAKE PICTURES

Capture moments of growth and successes.



CREATE A PROGRESS DISPLAY

Use charts, calendars, or journals.



WRITE NOTES OF ENCOURAGEMENT

Leave kind notes they can read later.



REFLECT TOGETHER

Talk about what's working and what you're proud of together.



REVISIT AND RECOGNIZE

Look back often and celebrate again!

Remember

You are your child's cheerleader, biggest fan, and strongest advocate. Celebrate often. You're making a difference every single day.



Every step forward is a success.

Celebrate today's progress.
It creates tomorrow's possibilities.



Be proud. Keep going. You're doing amazing.
TOGETHER, WE CAN BUILD A BRIGHTER FUTURE.

Next Up:
Building a Strong Support Team





Resilience and Self-Confidence

Keys to Lifelong Success

Resilience helps children bounce back from challenges. Self-confidence helps them believe they can succeed. Together, they create a powerful foundation for life.



Build inner strength today so your child can face tomorrow with courage and confidence.



How to Build Resilience and Confidence



ENCOURAGE EFFORT

- Praise hard work and persistence.
- Help your child understand that effort leads to growth.



TEACH A GROWTH MINDSET

- Mistakes are opportunities to learn.
- "Not yet" means they're still learning.



BREAK CHALLENGES INTO STEPS

- Small steps make big goals feel achievable.
- Celebrate each step forward.



BUILD POSITIVE SELF-TALK

- Help your child use kind and encouraging words with themselves.
- Replace "I can't" with "I can try."



GIVE RESPONSIBILITY AND CHOICES

- Let them make age-appropriate decisions.
- Responsibility builds independence and self-belief.



BE THEIR CHEERLEADER

- Show unconditional love and support.
- Believe in them, especially when things get tough.

Resilience in Action



- ✓ Keep trying even when it's hard.
- ✓ Learn from mistakes and keep going.
- ✓ Ask for help when needed.
- ✓ Stay calm and problem-solve.
- ✓ Adapt and find new ways.



Resilience isn't about never falling—it's about getting back up stronger.



Confidence in Action



- ✓ Speak up and share ideas.
- ✓ Try new things.
- ✓ Trust their abilities.
- ✓ Take pride in their progress.
- ✓ Believe in their potential.



Confidence grows little by little. Every success adds to their self-belief.



What Children Need Most from You



Your love unconditionally



Your patience in the tough times



Your support in every effort



Your belief in their future



Your consistency and understanding

You are shaping not just success in school, but strength in life.



Remember:

Your child doesn't need to be perfect. They need to be resilient, confident, and surrounded by love.



Strong today. Stronger tomorrow. Unstoppable always.
BELIEVE. SUPPORT. EMPOWER.

Next Up:
Creating a Supportive Learning Environment at Home





Creating a Supportive Learning Environment

Where Confidence Grows

The right environment can reduce stress, increase focus, and help your child feel safe, supported, and ready to learn.



Small changes at home can make a BIG difference in your child's learning and confidence.



Design a Space That Supports Success



KEEP IT CALM AND CLUTTER-FREE

- A clean, organized space helps reduce distractions.
- Less clutter = more focus.



CREATE ROUTINE AND CONSISTENCY

- Predictable routines bring comfort and reduce anxiety.
- Use visual schedules when helpful.



MINIMIZE DISTRACTIONS

- Turn off TV and limit background noise.
- Find what helps your child concentrate best.



COMFORT AND ERGONOMICS MATTER

- Use a comfortable chair and good lighting.
- Small changes can reduce fatigue.



INCLUDE INSPIRATION

- Positive quotes, artwork, or a vision board can boost motivation.
- Remind them: they are capable!



MAKE IT THEIR SPACE

- Let your child personalize their space.
- Ownership builds pride and responsibility.

Supportive Tools That Help



VISUAL SCHEDULES

Help your child know what to expect and what comes next.



CHECKLISTS

Break tasks into steps to make them feel more manageable.



TIMERS

Use timers for focus time and breaks to stay on track.



TOOLS TO REDUCE OVERWHELM

Noise-canceling headphones, fidget tools, or movement breaks can help.



The goal is not perfection—it's progress and peace of mind for your child.



What to Avoid (and Why)



TOO MUCH PRESSURE

High pressure can increase anxiety and lower confidence.



COMPARING TO OTHERS

Every child is unique. Comparison can hurt self-esteem.



DISMISSIVE LANGUAGE

"It's not a big deal" or "You're fine" can make feelings feel invalid.



INCONSISTENT EXPECTATIONS

Mixed messages can be confusing and lead to frustration.



Choose encouragement over criticism. It helps your child grow.

Daily Environment Checklist



Is the space quiet and organized?



Does my child know what to expect today?



Are tools and resources easy to access?



Is there time for breaks and movement?



Do we celebrate effort and progress?



Small, daily actions create lasting confidence.



Remember:

A supportive environment tells your child, "I believe in you. You belong here. You can do this." That belief changes everything.



A supportive space today builds a confident, capable tomorrow.

TOGETHER, WE CAN HELP YOUR CHILD THRIVE.

Next Up:
Success Strategies
You Can Use Daily





Success Strategies

You Can Use Every Day

Small, consistent strategies can lead to BIG results. These practical tips can help your child stay on track, build skills, and feel successful.



You know your child best. These strategies are tools—use what works and adapt as needed!



Everyday Strategies That Make a Difference



SET CLEAR, ACHIEVABLE GOALS

- Break big goals into small steps.
- Celebrate progress along the way.



USE VISUAL SUPPORTS

- Visual schedules, checklists, and charts provide structure and clarity.
- They reduce anxiety and increase success.



ESTABLISH ROUTINES

- Predictable routines create security.
- Consistency helps your child focus and feel confident.



COMMUNICATE POSITIVELY

- Use kind, clear, and encouraging language.
- Listen actively and validate feelings.



REINFORCE EFFORT, NOT JUST RESULTS

- Praise hard work, persistence, and improvement.
- Effort builds resilience and motivation.



TEACH STRATEGIES

- Help your child learn problem-solving, self-advocacy, and organization skills.
- Practice together.



Help Your Child Learn to Self-Advocate

Empower your child to speak up for their needs.

- ✓ Encourage them to ask for help.
- ✓ Practice using "I" statements.
- ✓ Help them identify what they need.
- ✓ Role-play different situations.
- ✓ Remind them: their voice matters!



Self-advocacy builds independence and confidence for life.

When Challenges Happen

Setbacks are normal. What matters is how we respond.

- ✓ Stay calm and take a deep breath.
- ✓ Revisit the plan and make adjustments.
- ✓ Focus on solutions, not problems.
- ✓ Offer encouragement and support.
- ✓ Remind your child: "We've got this together."



Challenges are opportunities to learn, grow, and get stronger.

Quick Wins You Can Try Today



Start the day with a plan.



Break tasks into small steps.



Celebrate small successes.



End the day with positive reflection.



Spend quality time together.



Keep hope and stay flexible.



Small actions every day lead to big changes over time.



Remember:

You don't have to be perfect. You just have to be present. Keep trying. Keep learning. Keep believing in your child.



Small steps. Big progress. Bright future.
TOGETHER, WE CAN HELP YOUR CHILD SHINE.

Next Up:
Putting It All Together:
Your Action Plan





Putting It All Together: Your Action Plan

Small Steps. Big Impact.



You've learned so much—and you're already making a difference!
Now it's time to create a plan that works for your child and your family.



A plan gives you direction, confidence, and a way to track progress every step of the way.



5 Steps to Create Your Family Action Plan

1



SET YOUR GOALS

- What are your child's strengths?
- What areas would you like to see growth in?
- What's one BIG goal and one small goal to focus on?

2



CHOOSE STRATEGIES

- Pick 2–3 strategies from this guide that fit your goals.
- Focus on what feels realistic and doable for your family.

3



BUILD YOUR SUPPORT TEAM

- Who can support you and your child?
- Include educators, specialists, family, and community resources.

4



CREATE A SIMPLE PLAN

- Write down your goals and strategies.
- Add daily or weekly actions.
- Set a timeline and check-in plan.

5



TRACK, CELEBRATE, AND ADJUST

- Celebrate every win!
- Check progress regularly.
- Adjust as needed—flexibility leads to long-term success.

Your Plan, Your Way

- ✓ There's no perfect plan—only progress.
- ✓ Start where you are.
- ✓ Use what you have.
- ✓ Do what you can.
- ✓ Keep your why at the center:
your child's growth, happiness, and success.



Your love and commitment are the most powerful tools of all.



Remember Along the Way

- ✓ Small steps lead to big change.
- ✓ You are not alone.
- ✓ It's okay to ask for help.
- ✓ Consistency beats perfection.
- ✓ Every child can grow and thrive with the right support.



You are your child's greatest advocate. Keep going. You're doing amazing!



My Family Action Plan

1 My Goals

Big Goal:

Small Goal:

2 Strategies I Will Use

1. _____

2. _____

3. _____

3 My Support Team

1. _____

2. _____

3. _____

4 My Action Steps

What I will do:

When:

5 How I Will Track & Celebrate

How I will track:

How I will celebrate:



This is your plan. You can make it as unique as your child.



You've got this!

You have the knowledge. You have the tools.
Most of all, you have the love.

Let's keep working together for a brighter future!



Together, we can help your child reach their full potential.

BELIEVE. SUPPORT. EMPOWER.

Next Up:
Resources and
Final Thoughts





You're Not Alone.

We're Here for You.

Parenting is a journey, and every journey is better with support. There is a community ready to walk alongside you—celebrating wins, offering encouragement, and helping your child thrive.



*Stronger
Together*



You are doing an amazing job. Keep going. Keep believing. Your child's best days are ahead!



Resources and Support for Families



SUPPORT GROUPS

- Connect with other parents who understand.
- Share experiences, ideas, and support.
- Ask your school or local organizations about groups near you.



EDUCATIONAL RESOURCES

- Books, videos, and websites can give you new ideas and tools.
- Check our recommended reading list and websites (see next page).



PROFESSIONAL SUPPORT

- Therapists, tutors, and specialists can provide personalized help.
- Don't hesitate to ask questions and seek expert advice.



SCHOOL PARTNERSHIP

- Stay in close communication with teachers and staff.
- Work together as a team for your child's success.



ONLINE TOOLS AND COMMUNITIES

- Join online forums and parent communities.
- Access webinars, apps, and tools that can support learning at home.

Key Takeaways



- ✓ Every child is unique and has incredible potential.
- ✓ Small steps lead to big progress.
- ✓ Support, patience, and consistency make a difference.
- ✓ Celebrate every win—big or small.
- ✓ Resilience and self-confidence grow with encouragement.
- ✓ A supportive environment helps your child thrive.
- ✓ You have the power to help your child succeed.
- ✓ You are not alone—help is always available.



Every step you take today builds a brighter future for your child.



Keep the Momentum Going



- ✓ Review your action plan regularly.
- ✓ Adjust strategies as your child grows.
- ✓ Keep learning and stay curious.
- ✓ Ask for help when you need it.
- ✓ Focus on progress, not perfection.
- ✓ Trust the process.
- ✓ Believe in your child.
- ✓ Believe in yourself.



Together, we can help your child reach for the stars!



Your Child's Future is Bright



With love, everything is possible.



With support, they will grow stronger.



With belief, they will go far.



With you by their side, they can do anything.

You are your child's first teacher, biggest fan, and greatest advocate. Thank you for all you do!



Thank You for Your Commitment!

Your love, time, and dedication are changing your child's life every single day. Keep going. You're making a difference that lasts a lifetime.



Together, we can build a brighter future—one step at a time.

BELIEVE. SUPPORT. EMPOWER.

Stay Connected:

Visit [Neuroly.co](https://neuroly.co) for more resources, tools, and support.





Keep Growing, Keep Thriving

Lifelong Learning for Life

Learning doesn't stop in school—it's a lifelong journey. When we model curiosity, celebrate effort, and embrace new experiences, we help our children grow into confident, adaptable, and capable lifelong learners.



A love of learning opens doors, builds skills, and creates endless opportunities for the future.



Ways to Inspire a Lifelong Love of Learning



BE CURIOUS TOGETHER

- Explore new topics and ask questions.
- Make curiosity a daily adventure.



READ, LEARN, AND EXPLORE

- Read together every day.
- Visit libraries, museums, and new places.



TRY NEW THINGS OFTEN

- Encourage new activities and hobbies.
- It builds confidence and new skills.



EMBRACE CHALLENGES

- Challenges help brains grow.
- Mistakes are part of the learning process.



CELEBRATE EFFORT AND PROGRESS

- Praise hard work, persistence, and improvement.
- Focus on growth, not perfection.



BUILD A LEARNING COMMUNITY

- Connect with mentors, peers, and supportive communities.
- Learning is better together.

Nurture Growth Every Day



- ✓ Encourage questions and curiosity.
- ✓ Provide books and learning resources.
- ✓ Allow time for play and exploration.
- ✓ Support interests and passions.
- ✓ Model a growth mindset.
- ✓ Talk about learning as a journey.
- ✓ Make learning fun and meaningful.
- ✓ Never stop learning together!



Small seeds of curiosity planted today grow into big achievements tomorrow.



Overcoming Roadblocks



- ✓ Help your child stay motivated.
- ✓ Break big tasks into small steps.
- ✓ Offer support, not pressure.
- ✓ Keep a positive and encouraging tone.
- ✓ Adjust and adapt as needed.
- ✓ Celebrate progress along the way.
- ✓ Remember: setbacks don't stop success.



Roadblocks are not the end—they are detours leading to new opportunities.



Reflection: Where Are We Now? Where Do We Want to Go?



Our Strengths

What are we doing well?



Areas for Growth

What would we like to improve?



Our Next Steps

What actions will we take?



Every journey forward begins with reflection and a plan.



Keep Going. Keep Growing.



Your child's future is full of possibilities. Keep believing, keep supporting, and keep learning together.



The best is yet to come. You've got this!
BELIEVE. SUPPORT. EMPOWER.

Next Up:
Additional Resources
and Recommended Reading





Final Thoughts:

You've Got This! ☆

What a journey! From understanding your child's strengths to building daily strategies and creating a plan for success—you've taken powerful steps toward a brighter future.

Remember: Small steps. Big impact.
Lifelong learning.



Your love, your support, and your belief in your child are the greatest gifts of all.



What You've Accomplished



YOU LEARNED

You built a deeper understanding of your child's unique strengths, challenges, and needs.



YOU CONNECTED

You strengthened your relationship with your child and created a supportive team around them.



YOU TOOK ACTION

You discovered practical strategies, set goals, and created a plan that works for your family.



YOU CELEBRATED

You recognized progress—big and small—and focused on growth and possibilities.



YOU EMPOWERED

You're helping your child build confidence, independence, and a love of learning that will last a lifetime.

A Few Reminders to Keep Close ☆

- ✓ Your child is capable.
- ✓ Progress takes time—and that's OK.
- ✓ Every child learns differently.
- ✓ Support and encouragement go a long way.
- ✓ It's okay to ask for help.
- ✓ You are making a difference every single day.
- ✓ Celebrate the journey, not just the destination.



You don't have to do it perfectly.
You just have to keep showing up with love.



What's Next?

- 📖 Keep learning. Curiosity leads to growth.
- 👥 Stay connected. Build your community.
- 🎯 Continue your action plan. Review, adjust, and keep moving forward.
- ★ Believe in your child. Their future is bright.
- 💖 Believe in yourself. You're doing an incredible job.



Together, we're building a brighter future—one step at a time.



Your Daily Mantra



I choose patience over pressure.



I focus on progress, not perfection.



I celebrate small wins every day.



I support my child with love and confidence.



I believe in my child's potential and our journey.



We are stronger together.



Thank You!

Thank you for trusting Neuroly Special Learning to be a part of your journey. It's an honor to support you and your child. We're cheering you on every step of the way!

You're amazing. Your child is amazing. The future is amazing.



Believe. Support. Empower. ❤️
TOGETHER, WE CAN HELP YOUR CHILD THRIVE.

Stay Connected:
Visit [Neuroly.co](https://neuroly.co) for more resources, tools, and support.

